



BIRTLE RIVER RUN REGISTRATION FORM

Half Marathon and 5km Family Fun Run August 8, 2010 8:00am
 Start and finish line at the picnic area of the Birtle Riverside Park.
 Phone: Steve Desjardins at (204) 842-3944 or Cell: (204) 847-0089

Accredited by the Manitoba Runners' Association

Applicant

First Name:

Initial:

Last name:

Date of Birth:

Age on Race Day:

Sex:

Address:

Town or City:

Province:

Postal Code:

Country:

Phone:

Fax:

Email:

Shirt Size unisex:

Please circle amount	Adult	Youth
Half before June 30	\$50	\$25
Fun Run before June 30	\$25	\$15
Half after June 30	\$65	\$40
Fun Run after June 30	\$35	\$25

Quantity

Spaghetti Supper August 7
 5:30 to 7:30pm
 Birtle Golf Club

\$12	<input type="text"/>
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MRA members please deduct \$3.00 from Total

Total owing

Please make cheques payable to :
 Birdtail Fitness Coop

Send to
 Birtle River Run c/o
 Birdtail Fitness Coop
 Box 474,
 Birtle, Manitoba
 ROMOCO

Emergency information

Contact first name:

Contact last name:

Phone number:

Cell number:

Relationship:

Medical Info:

Medications used:

PLEASE READ AND SIGN WAIVER ON BACK. THANK YOU.

To register on-line go to: www.mraweb.ca

ATHLETE'S WAIVER AND RELEASE

In consideration of the acceptance of this entry in the Birtle River Run, I, for myself , my heirs, executors, administrators and assigns, waive any claims to which I may become entitled for injury or damage and release Birtle River Run and all other organizers, sponsors, representatives, their agents and employees and any other person or organization assisting in this event, including the Manitoba Runners' Association, the event director, the Town of Birtle and RM of Birtle, the Province of Manitoba, and their employees and agents and other participants and volunteers in the Birtle River Run, from any claims for damages or injury suffered by me as a result of my participation in this event. I further state that I am in proper physical condition to participate in the event and I am aware that road running is a potentially dangerous activity and am aware that participation could, in some circumstances, result in physical injury. I give my permission for the free use of my name and picture in broadcast, telecast or written account or this event.

Printed name: _____

Signature: _____
(Must be signed by parent or guardian if participant is under 18 years of age.)

Date: _____