



Registration Form

5K Race/Fun Run & 1K Fun Run



Date: Saturday, May 29, 2010

Time: 10:00 am

Location: Fort Richmond Collegiate, 99 Killarney Ave.

E-mail: runthe5ive@gmail.com

Website: www.runthe5ive.com

Race Kit Pick up/On-site Registration:

Saturday May 29th – 9:15 am at the Registration Desk

Last Name: _____ **First Name:** _____

Address: _____ **City:** _____ **Province:** _____

Postal Code: _____ **Home Phone:** _____ **MRA Number (If applicable):** _____

Date of Birth: _____ **E-mail Address:** _____ **Gender:** M F

T-shirts (optional): I would like to purchase a commemorative T-shirt for \$15 (Please add this payment to your registration fee)

Please indicate T-shirt size (Adult Sizes only): Small Medium Large Extra-Large

In order to guarantee availability of a t-shirt, registration form with payment MUST BE RECEIVED BY APRIL 30th.

5K Registration Fees

\$20 (Early Registration - received by May 28th)*

\$25 (Race Day Registration - May 29th)*

\$15/person (Group Rate) – At least 4 people registering together. Separate registration forms must be filled out for each person.

*\$3 discount for MRA Members

1K Registration Fees

\$10

Please mail registration forms (with payment) to:

Run the 5ive
34 Laval Drive
Winnipeg, MB R3T 2X7

Or drop them off at:

34 Laval Drive

All registration fees are non refundable.

If you have any questions, please e-mail them to:
runthe5ive@gmail.com.

Please indicate method of payment:

Cash (Race Day Registration only)

Cheque (made payable to *Run the 5ive*)

Pledge Form* (minimum of \$50 in donations)

*All pledges should be made payable to Resource Assistance for Youth. Pledge forms are available for download on our website.

TOTAL: \$ _____

PLEASE READ CAREFULLY BEFORE SIGNING:

In consideration of the acceptance of this entry in the RunThe5ive Run/Walk I, for myself, my heirs, executors, administrators and assigns, waive any claims to which I may become entitled for injury or damage and release the Resource Assistance for Youth and all other organizers, sponsors, representatives, their agents and employees and any other person or organization assisting in this event, including the Manitoba Runners' Association, the Board of Directors of the Manitoba Runners' Association, the City of Winnipeg, the Province of Manitoba, and their employees and agents and other participants and volunteers in the RunThe5ive Run/Walk, from any claims for damages or injury suffered by me as a result of my participation in this event. I further state that I am in proper physical condition to participate in the event and I am aware that road running is a potentially dangerous activity and am aware that participation could, in some circumstances, result in physical injury. I give my permission for the free use of my name and picture in broadcast, telecast or written account for this event.

Participant Signature

Parent or Guardian, if under 18

Date



Accredited by the
Manitoba Runners'
Association