

## Cervical Cancer

Cervical cancer can for the most part be avoided or easily treated. It can also be easily detected by regular screening. However, most women who develop cervical cancer have not been screened in the three years prior to their diagnosis.

The cervix is the lower part of the uterus leading into the vagina. This is an area where cells change rapidly, and where malignant cell changes are most likely to occur. While cervical cancer is the tenth most common cancer among Canadian women of all ages, it is the third most common among women aged 20 to 49.

Approximately 1,450 Canadian women – 50 from Manitoba – will receive a diagnosis this year of invasive cervical cancer, and approximately 420 women will die from this disease. Woman who are older (aged 40-59), immigrant, Aboriginal or have a lower socio-economic status are at higher risk of developing cervical cancer, primarily because they have not been screened at all or have been screened irregularly.

### Every Woman Should Know About Pap Tests

A Pap test is a test used to detect changes in the cervix. Treating changes early can help to prevent cervical cancer.

For more information, contact the Manitoba Cervical Cancer Screening Program at 204) 788-8626 or Toll-free 1-866-616-8805.

You can also visit CancerCare online at: [www.cancercare.mb.ca/MCCSP](http://www.cancercare.mb.ca/MCCSP)

## Event Sponsors

This event would not be possible without the generous support of the following sponsors:



Women who complete the 8km race & 5k race earn points for the *ASICS Grand Prix Series*



## Event Details

Race Date: Sunday, May 9, 2010

Time: 9:00 a.m. Start

Package Pickup: 8:00 – 8:55 a.m.

Location: St. Vital Park, Duck Pond

Refreshments

Sponsors' Exhibition

Commemorative souvenir for first

125 participants

Awards in 14 Age Categories

Draw Prizes

For more information about the Manitoba Runners' Association and the benefits of membership, visit [www.mraweb.ca](http://www.mraweb.ca)



# Women Running for Women

8k & 5k Asics Grand Prix Series  
Races,  
2.5k Fun Run/Walk



Funds raised will be donated  
to Cervical Cancer  
research in Manitoba

Mother's Day, May 9, 2010

St. Vital Park

