

Air Force Run
Winnipeg, MB
May 29, 2011

Chronotrack D-Tag timing by "Results Canada" - 780-416-5124

Overall 10KM Results

| Over All Rank | Rank In AgeGroup | Sex | Bib Num | Competitor Name | City | Official Time | Pace Min/Km |
|---------------|------------------|-------|---------|-----------------|--------------------------|---------------|-------------|
| | 1 | 1/65 | M | 473 | Desire Budigoma | | 37:47 3:47 |
| | 2 | 2/65 | M | 281 | Jeff Knight | | 39:29 3:57 |
| | 3 | 3/65 | M | 371 | Patrick Wheeler | | 41:15 4:08 |
| | 4 | 4/65 | M | 280 | Kyle McCoy | | 42:03 4:13 |
| | 5 | 5/65 | M | 374 | James Doyle | | 42:10 4:13 |
| | 6 | 6/65 | M | 308 | Denley Thiessen | | 42:42 4:17 |
| | 7 | 7/65 | M | 309 | Orlando Thiessen | | 42:42 4:17 |
| | 8 | 8/65 | M | 463 | Matthew Millar | | 42:58 4:18 |
| | 9 | 1/61 | M | 240 | Jean Jubinville | | 43:02 4:19 |
| | 10 | 9/65 | M | 443 | Anil Sukhan | | 43:04 4:19 |
| | 11 | 2/61 | M | 386 | Scott Sugimoto | | 43:47 4:23 |
| | 12 | 1/50 | F | 412 | Andrea Paci | | 43:48 4:23 |
| | 13 | 10/65 | M | 207 | Olivier Ndicunguye | | 43:52 4:24 |
| | 14 | 11/65 | M | 439 | Lance Browne | | 43:52 4:24 |
| | 15 | 12/65 | M | 343 | Brad Olbort | | 44:11 4:26 |
| | 16 | 13/65 | M | 453 | Kyron Gibson | | 45:08 4:31 |
| | 17 | 14/65 | M | 435 | Corye Larocque | | 45:13 4:32 |
| | 18 | 15/65 | M | 365 | Daniel Noonan | | 45:40 4:34 |
| | 19 | 3/61 | M | 284 | Bogdan Uminski | | 45:58 4:36 |
| | 20 | 4/61 | M | 335 | Ferdi Van Dongen | | 46:08 4:37 |
| | 21 | 2/50 | F | 414 | Jaymi Derrett | | 46:24 4:39 |
| | 22 | 5/61 | M | 279 | Ray McCoy | | 46:41 4:41 |
| | 23 | 16/65 | M | 225 | Bradley Sheppard | | 46:42 4:41 |
| | 24 | 6/61 | M | 255 | Keith Addison | | 47:04 4:43 |
| | 25 | 3/50 | F | 370 | Dianne Pettitt | | 47:20 4:44 |
| | 26 | 7/61 | M | 448 | Donnovan Hale | | 47:26 4:45 |
| | 27 | 17/65 | M | 333 | Chris Exley | | 47:30 4:45 |
| | 28 | 8/61 | M | 490 | Kevin Wolk | | 47:58 4:48 |
| | 29 | 18/65 | M | 296 | Jon Stevens | | 48:00 4:48 |
| | 30 | 19/65 | M | 324 | Andrew Helmerson | | 48:02 4:49 |
| | 31 | 9/61 | M | 471 | Darren Rebillard | | 48:16 4:50 |
| | 32 | 1/75 | F | 340 | Stacey Kangas | | 48:16 4:50 |
| | 33 | 10/61 | M | 245 | Stephen Terichow Parrott | | 48:27 4:51 |
| | 34 | 20/65 | M | 356 | Eric Durand | | 48:29 4:51 |
| | 35 | 11/61 | M | 246 | Dean Price | | 49:15 4:56 |
| | 36 | 2/75 | F | 323 | Amanda Shuster | | 49:20 4:56 |
| | 37 | 12/61 | M | 398 | Ken Kohut | | 49:20 4:56 |
| | 38 | 21/65 | M | 452 | Jeff Barth | | 49:25 4:57 |
| | 39 | 22/65 | M | 440 | Michael Lovatt | | 49:28 4:57 |
| | 40 | 3/75 | F | 269 | Candace Carrothers | | 49:28 4:57 |
| | 41 | 4/75 | F | 216 | Corinne Hunt | | 49:31 4:58 |
| | 42 | 5/75 | F | 462 | Felicia Michie | | 49:33 4:58 |
| | 43 | 6/75 | F | 339 | Brandi Sheppard | | 49:33 4:58 |
| | 44 | 13/61 | M | 383 | David Armishaw | | 49:36 4:58 |
| | 45 | 14/61 | M | 477 | Corey Smith | | 49:47 4:59 |
| | 46 | 4/50 | F | 384 | Diana McMillan | | 49:53 5:00 |
| | 47 | 15/61 | M | 322 | David Shuster | | 50:06 5:01 |
| | 48 | 16/61 | M | 493 | Gary Sutherland | | 50:08 5:01 |
| | 49 | 23/65 | M | 319 | Joseph Hardy | | 50:19 5:02 |
| | 50 | 7/75 | F | 472 | Loila Guidolin | | 50:31 5:04 |
| | 51 | 8/75 | F | 257 | Andrea Bowman | | 50:37 5:04 |
| | 52 | 24/65 | M | 459 | Frank Enjalbert | | 50:40 5:04 |
| | 53 | 9/75 | F | 249 | Lyndsey Carroll | | 50:43 5:05 |
| | 54 | 17/61 | M | 273 | Trent Percy | | 50:44 5:05 |
| | 55 | 25/65 | M | 351 | Sandy Sethi | | 50:46 5:05 |
| | 56 | 26/65 | M | 350 | Jon Vince | | 50:46 5:05 |
| | 57 | 5/50 | F | 233 | Maria Donahue | | 50:53 5:06 |
| | 58 | 18/61 | M | 295 | Gerard Poitras | | 50:58 5:06 |
| | 59 | 27/65 | M | 488 | Eliott Einarson | | 51:00 5:06 |
| | 60 | 19/61 | M | 203 | Roy Cole | | 51:12 5:08 |
| | 61 | 20/61 | M | 274 | Keith Paterson | | 51:18 5:08 |

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|-----|-------|---|-----|------------------------|-------|------|
| 62 | 28/65 | M | 379 | Pieraugusti Chene | 51:35 | 5:10 |
| 63 | 21/61 | M | 378 | Christopher Hamilton | 51:36 | 5:10 |
| 64 | 22/61 | M | 381 | Colin Craddock | 51:41 | 5:11 |
| 65 | 23/61 | M | 316 | Jason Stefanson | 51:46 | 5:11 |
| 66 | 10/75 | F | 312 | Liza Holdorf | 51:48 | 5:11 |
| 67 | 24/61 | M | 377 | Shaun Delamere | 52:00 | 5:12 |
| 68 | 25/61 | M | 317 | Curtis Rebizant | 52:07 | 5:13 |
| 69 | 11/75 | F | 491 | Tricia Yerex | 52:15 | 5:14 |
| 70 | 26/61 | M | 326 | Bill Anderson | 52:37 | 5:16 |
| 71 | 6/50 | F | 492 | Rachele Letkenan | 52:53 | 5:18 |
| 72 | 7/50 | F | 354 | Cindy Wenzoski | 52:53 | 5:18 |
| 73 | 27/61 | M | 253 | Roland Sinclair | 52:56 | 5:18 |
| 74 | 29/65 | M | 205 | Greg Boychuk | 52:58 | 5:18 |
| 75 | 12/75 | F | 332 | Kimberly Lee | 53:13 | 5:20 |
| 76 | 30/65 | M | 328 | Trevor Exley | 53:27 | 5:21 |
| 77 | 13/75 | F | 311 | Regan Windsor Sotheran | 53:28 | 5:21 |
| 78 | 31/65 | M | 214 | Scott Hanslip | 53:37 | 5:22 |
| 79 | 32/65 | M | 220 | Spencer Brason | 53:45 | 5:23 |
| 80 | 28/61 | M | 438 | Brent Hanson | 53:45 | 5:23 |
| 81 | 33/65 | M | 458 | Mike McKenzie | 54:04 | 5:25 |
| 82 | 8/50 | F | 244 | Jennifer Tackley | 54:08 | 5:25 |
| 83 | 29/61 | M | 331 | William Hussey | 54:34 | 5:28 |
| 84 | 30/61 | M | 369 | Marshall Pettitt | 54:42 | 5:29 |
| 85 | 14/75 | F | 417 | Amanda Wallack | 54:46 | 5:29 |
| 86 | 15/75 | F | 283 | Kelsey Uminski | 55:01 | 5:31 |
| 87 | 31/61 | M | 476 | Judy McMullen | 55:02 | 5:31 |
| 88 | 32/61 | M | 202 | Dan Desrochers | 55:02 | 5:31 |
| 89 | 33/61 | M | 259 | Theo Heuthorst | 55:04 | 5:31 |
| 90 | 34/65 | M | 337 | Dakota Reagh | 55:05 | 5:31 |
| 91 | 34/61 | M | 449 | Guy Paquette | 55:14 | 5:32 |
| 92 | 9/50 | F | 294 | Jeannette Desrochers | 55:26 | 5:33 |
| 93 | 16/75 | F | 814 | Joanne Jarrett | 55:30 | 5:33 |
| 94 | 35/61 | M | 289 | Sandor Gyuk | 55:33 | 5:34 |
| 95 | 36/61 | M | 460 | Mike Swirski | 55:33 | 5:34 |
| 96 | 35/65 | M | 359 | Dorian Hoge | 55:39 | 5:34 |
| 97 | 17/75 | F | 304 | Tricia Coulter | 55:39 | 5:34 |
| 98 | 37/61 | M | 468 | Michael Rodyniuk | 55:58 | 5:36 |
| 99 | 18/75 | F | 310 | Kailey Wilson | 56:07 | 5:37 |
| 100 | 19/75 | F | 241 | Samantha Scarcella | 56:09 | 5:37 |
| 101 | 36/65 | M | 232 | Yves Lemoullec | 56:10 | 5:37 |
| 102 | 37/65 | M | 265 | Rod Gordon | 56:19 | 5:38 |
| 103 | 38/65 | M | 346 | Avery Witherden | 56:23 | 5:39 |
| 104 | 38/61 | M | 345 | Rick Witherden | 56:24 | 5:39 |
| 105 | 20/75 | F | 341 | Terra Albus | 56:35 | 5:40 |
| 106 | 39/65 | M | 450 | Bobbi-Jo Lodewyks | 57:00 | 5:42 |
| 107 | 40/65 | M | 252 | Aaron Alblas | 57:00 | 5:42 |
| 108 | 10/50 | F | 305 | Patricia Leung | 57:05 | 5:43 |
| 109 | 21/75 | F | 421 | Jennifer Foote | 57:16 | 5:44 |
| 110 | 41/65 | M | 422 | Wilson Tony | 57:17 | 5:44 |
| 111 | 42/65 | M | 804 | Raymond Maldonado | 57:18 | 5:44 |
| 112 | 22/75 | F | 338 | Andrea Fahlman | 57:22 | 5:45 |
| 113 | 11/50 | F | 801 | Maria Fritsch-Dawes | 57:25 | 5:45 |
| 114 | 12/50 | F | 229 | Tammie Richmond | 57:26 | 5:45 |
| 115 | 43/65 | M | 243 | Chris Gervais | 57:27 | 5:45 |
| 116 | 23/75 | F | 481 | Karyne Brown | 57:32 | 5:46 |
| 117 | 44/65 | M | 480 | Kevin Brown | 57:32 | 5:46 |
| 118 | 45/65 | M | 347 | Harris Witherden | 57:35 | 5:46 |
| 119 | 24/75 | F | 237 | Lori Boulton | 57:40 | 5:46 |
| 120 | 25/75 | F | 299 | Rhea MacLean | 57:42 | 5:47 |
| 121 | 46/65 | M | 298 | Chris MacLean | 57:42 | 5:47 |
| 122 | 26/75 | F | 454 | Kathy Godfrey | 57:45 | 5:47 |
| 123 | 27/75 | F | 320 | Sarah MacMartin | 57:58 | 5:48 |
| 124 | 47/65 | M | 254 | Jason Dillabough | 58:01 | 5:49 |
| 125 | 28/75 | F | 475 | Johanna Frezza | 58:03 | 5:49 |
| 126 | 39/61 | M | 235 | Robert Bellec | 58:08 | 5:49 |
| 127 | 29/75 | F | 478 | Christine Rudachek | 58:09 | 5:49 |
| 128 | 40/61 | M | 373 | Sean O'Hara | 58:10 | 5:49 |
| 129 | 13/50 | F | 372 | Lisa O'Hara | 58:12 | 5:50 |
| 130 | 30/75 | F | 366 | Caroline Wiebe | 58:13 | 5:50 |
| 131 | 41/61 | M | 397 | Darrell Marleau | 58:23 | 5:51 |
| 132 | 14/50 | F | 276 | Laurie Kirkwood | 58:26 | 5:51 |
| 133 | 31/75 | F | 408 | Erin White | 58:33 | 5:52 |
| 134 | 32/75 | F | 303 | Laura Conrad | 58:52 | 5:54 |
| 135 | 33/75 | F | 388 | Lisa Harris | 58:52 | 5:54 |
| 136 | 34/75 | F | 302 | Sherry Scott | 58:52 | 5:54 |

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|-----|-------|---|--------------------------|---------|------|
| 137 | 35/75 | F | 367 Pierrette Hall | 59:06 | 5:55 |
| 138 | 42/61 | M | 464 George Koch | 59:09 | 5:55 |
| 139 | 48/65 | M | 238 Clayton Sul | 59:11 | 5:56 |
| 140 | 15/50 | F | 409 Colleen Mahoney | 59:23 | 5:57 |
| 141 | 16/50 | F | 349 Dorothy McColl | 59:40 | 5:58 |
| 142 | 49/65 | M | 236 David Joiner | 59:43 | 5:59 |
| 143 | 50/65 | M | 258 Chris Campbell | 59:50 | 5:59 |
| 144 | 36/75 | F | 387 Alexandra Helmersen | 59:51 | 6:00 |
| 145 | 43/61 | M | 418 Don Mills | 1:00:02 | 6:01 |
| 146 | 44/61 | M | 447 Rick Phillips | 1:00:04 | 6:01 |
| 147 | 51/65 | M | 285 Raymond Cowell | 1:00:17 | 6:02 |
| 148 | 45/61 | M | 231 David Bekolay | 1:00:44 | 6:05 |
| 149 | 37/75 | F | 353 Alyssa Van Der Ley | 1:00:46 | 6:05 |
| 150 | 46/61 | M | 407 Joe Fiorentino | 1:00:55 | 6:06 |
| 151 | 52/65 | M | 406 Brett Woodman | 1:00:58 | 6:06 |
| 152 | 38/75 | F | 405 Laura Dawson | 1:00:58 | 6:06 |
| 153 | | F | 446 Kimberley Holyk | 1:01:09 | 6:07 |
| 154 | 17/50 | F | 315 Heather Stefanson | 1:01:14 | 6:08 |
| 155 | 39/75 | F | 213 Daryla Lee | 1:01:15 | 6:08 |
| 156 | 47/61 | M | 313 Jim Glasier | 1:01:15 | 6:08 |
| 157 | 18/50 | F | 217 Joelle Nicholson | 1:01:17 | 6:08 |
| 158 | 40/75 | F | 226 Michelle Lawrence | 1:01:25 | 6:09 |
| 159 | 19/50 | F | 234 Francine Deroche | 1:01:41 | 6:11 |
| 160 | 53/65 | M | 484 Noel Mongeon | 1:01:47 | 6:11 |
| 161 | 41/75 | F | 206 Josee Lemoine | 1:01:57 | 6:12 |
| 162 | 42/75 | F | 260 Dana Ransom | 1:01:58 | 6:12 |
| 163 | 43/75 | F | 425 Sarah Whiteford | 1:01:58 | 6:12 |
| 164 | 44/75 | F | 424 Shannon Best | 1:02:00 | 6:12 |
| 165 | 20/50 | F | 334 Pam Homenick | 1:02:01 | 6:13 |
| 166 | 54/65 | M | 402 Luke Coulson | 1:02:05 | 6:13 |
| 167 | 45/75 | F | 482 Citabria Foster | 1:02:44 | 6:17 |
| 168 | 21/50 | F | 360 Shannon Benderski | 1:02:46 | 6:17 |
| 169 | 46/75 | F | 275 Victoria Jewett | 1:03:13 | 6:20 |
| 170 | 55/65 | M | 433 Dan Chevrier | 1:03:24 | 6:21 |
| 171 | 47/75 | F | 457 Kyla Gensiorek | 1:03:28 | 6:21 |
| 172 | 48/61 | M | 485 Larry Mudge | 1:03:32 | 6:22 |
| 173 | 22/50 | F | 210 Rhonda Malette | 1:03:33 | 6:22 |
| 174 | 23/50 | F | 434 Alicia Dendritus | 1:03:49 | 6:23 |
| 175 | 24/50 | F | 288 Roxanne Meek | 1:04:13 | 6:26 |
| 176 | 48/75 | F | 348 Tanis Lattanzio | 1:04:18 | 6:26 |
| 177 | 49/75 | F | 342 Day Scarlett | 1:04:19 | 6:26 |
| 178 | 50/75 | F | 329 Sheryl Taylor | 1:04:31 | 6:28 |
| 179 | 51/75 | F | 455 Jami Carter | 1:04:31 | 6:28 |
| 180 | | | 456 Joanna Martin | 1:04:31 | 6:28 |
| 181 | 25/50 | F | 357 Cecile Leblanc | 1:04:42 | 6:29 |
| 182 | 52/75 | F | 432 Lani Przygocki | 1:04:48 | 6:29 |
| 183 | 26/50 | F | 431 Candace Melquist | 1:04:48 | 6:29 |
| 184 | 56/65 | M | 474 Eddy Penner | 1:04:52 | 6:30 |
| 185 | 57/65 | M | 344 Bradley Lebel | 1:04:59 | 6:30 |
| 186 | 27/50 | F | 230 Lori Salesse | 1:05:20 | 6:32 |
| 187 | 49/61 | M | 215 Randy Hooker | 1:05:31 | 6:34 |
| 188 | 28/50 | F | 470 Charlene Robson | 1:05:32 | 6:34 |
| 189 | 58/65 | M | 382 Justin Donaldson | 1:05:40 | 6:34 |
| 190 | 50/61 | M | 336 Lyle Rance | 1:05:43 | 6:35 |
| 191 | 51/61 | M | 300 Dave Kehler | 1:05:44 | 6:35 |
| 192 | 53/75 | F | 385 Janet Timmerman | 1:05:57 | 6:36 |
| 193 | 29/50 | F | 297 Catherine Tattersall | 1:06:06 | 6:37 |
| 194 | 30/50 | F | 314 Beverley Giroux | 1:06:09 | 6:37 |
| 195 | 31/50 | F | 399 Tracey Malo | 1:06:20 | 6:38 |
| 196 | 54/75 | F | 218 Jessica Lloyd | 1:06:24 | 6:39 |
| 197 | 55/75 | F | 251 Nadine Alblas | 1:06:31 | 6:40 |
| 198 | 52/61 | M | 250 Jack Alblas | 1:06:33 | 6:40 |
| 199 | 56/75 | F | 272 Carol St Laurent | 1:06:38 | 6:40 |
| 200 | 57/75 | F | 256 Katarzyna Godlewski | 1:06:39 | 6:40 |
| 201 | 58/75 | F | 415 Kaylie Dangerfield | 1:06:41 | 6:41 |
| 202 | 59/75 | F | 375 Stephany Halikas | 1:07:05 | 6:43 |
| 203 | 60/75 | F | 390 Karen Malenchak | 1:07:05 | 6:43 |
| 204 | 59/65 | M | 368 Jeremie Talbot | 1:07:09 | 6:43 |
| 205 | 61/75 | F | 364 Jennifer Cottés | 1:07:12 | 6:44 |
| 206 | 62/75 | F | 227 Jaime Preteau | 1:07:23 | 6:45 |
| 207 | 63/75 | F | 441 Amelia Kovachik | 1:07:38 | 6:46 |
| 208 | 64/75 | F | 211 Melanie Delorme | 1:08:09 | 6:49 |
| 209 | 32/50 | F | 282 Tamara Uminski | 1:08:18 | 6:50 |
| 210 | 65/75 | F | 363 Milly Van Der Loop | 1:08:25 | 6:51 |
| 211 | 60/65 | M | 362 William Gibbons | 1:08:26 | 6:51 |

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|-----|-------|---|---------------------------------|---------|------|
| 212 | 33/50 | F | 287 Denise Benson | 1:08:59 | 6:54 |
| 213 | 61/65 | M | 451 Chris McPhee | 1:09:02 | 6:55 |
| 214 | 66/75 | F | 212 Claude-Anne Spiecker | 1:09:09 | 6:55 |
| 215 | 34/50 | F | 461 Wendie Swirski | 1:09:45 | 6:59 |
| 216 | 35/50 | F | 442 Evelyn Kovachik | 1:09:48 | 6:59 |
| 217 | 36/50 | F | 307 Lori L. Grandmont | 1:09:54 | 7:00 |
| 218 | 37/50 | F | 487 Megan McKay | 1:09:57 | 7:00 |
| 219 | 38/50 | F | 401 Carol Coulson | 1:10:05 | 7:01 |
| 220 | 53/61 | M | 403 Dale Coulson | 1:10:06 | 7:01 |
| 221 | 67/75 | F | 486 Mandy Green | 1:10:07 | 7:01 |
| 222 | 68/75 | F | 437 Kirsten Ramsay | 1:10:34 | 7:04 |
| 223 | 62/65 | M | 239 Garret Curtis | 1:10:57 | 7:06 |
| 224 | 39/50 | F | 224 Dianne Kuleza | 1:11:56 | 7:12 |
| 225 | 40/50 | F | 209 Maureen Smith | 1:12:45 | 7:17 |
| 226 | 41/50 | F | 208 Shawne Peterson | 1:12:45 | 7:17 |
| 227 | 54/61 | M | 261 Jack Dubnicoff | 1:13:51 | 7:24 |
| 228 | 55/61 | M | 436 Peter Boutin | 1:14:08 | 7:25 |
| 229 | 63/65 | M | 376 Peter Havens | 1:15:06 | 7:31 |
| 230 | 56/61 | M | 465 Mondel Errol | 1:15:15 | 7:32 |
| 231 | 42/50 | F | 290 Anna Sipinski | 1:15:24 | 7:33 |
| 232 | 43/50 | F | 396 Kathy Zacharias | 1:17:56 | 7:48 |
| 233 | 69/75 | F | 391 Lindsay Morrish | 1:18:04 | 7:49 |
| 234 | 57/61 | M | 291 Tim McIsaac | 1:18:05 | 7:49 |
| 235 | 58/61 | M | 802 P Dawes | 1:18:10 | 7:49 |
| 236 | 44/50 | F | 270 Monique Lane | 1:18:14 | 7:50 |
| 237 | 70/75 | F | 278 Jacqueline Otaguro | 1:19:09 | 7:55 |
| 238 | 64/65 | M | 277 Daryl Mason | 1:19:10 | 7:55 |
| 239 | 45/50 | F | 467 Deborah Manchur | 1:20:52 | 8:06 |
| 240 | 46/50 | F | 247 Susan Koskinen | 1:20:58 | 8:06 |
| 241 | 71/75 | F | 263 Susan Leonard | 1:21:27 | 8:09 |
| 242 | 72/75 | F | 392 Som Ling Thongsirimongkhonh | 1:25:06 | 8:31 |
| 243 | 47/50 | F | 327 Diane Brine | 1:25:31 | 8:34 |
| 244 | 59/61 | M | 445 Martin Gerrard | 1:25:34 | 8:34 |
| 245 | 48/50 | F | 358 Debbie Felgate-Stone | 1:27:43 | 8:47 |
| 246 | 49/50 | F | 306 Mary Lou Spangelo | 1:27:46 | 8:47 |
| 247 | 60/61 | M | 321 Robert Hudson | 1:27:46 | 8:47 |
| 248 | 73/75 | F | 466 Liza Richter | 1:28:50 | 8:53 |
| 249 | 50/50 | F | 248 Cathy Mudge | 1:28:59 | 8:54 |
| 250 | 74/75 | F | 264 Jennifer Walker | 1:29:19 | 8:56 |
| 251 | 65/65 | M | 404 Rizwan Aziz | 1:31:37 | 9:10 |
| 252 | 75/75 | F | 352 Lori Klimczak | 1:38:09 | 9:49 |
| 253 | 61/61 | M | 361 Rick Klimczak | 1:38:10 | 9:49 |