



For Immediate Release
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IT ISN'T TOO LATE TO REGISTER FOR THE 2010 WORLD MASTERS INDOOR ATHLETICS CHAMPIONSHIPS!

The 2010 World Masters Indoor Athletics Championships will be coming to Kamloops, British Columbia, on March 1-6. Some 56 countries will be sending representatives to this prestigious event for athletes ages 35 and over — the first time in its history that the World Masters Indoors will be held in North America.

This is an exciting chance for B.C. athletes to compete in an event of this calibre in a non-intimidating atmosphere — because more than competition, this is an event at which friendships are formed and renewed. A full range of track and field disciplines will be offered, including a 10K Road Race Walk, an 8K Cross-Country and a Half-Marathon.

The **late registration deadline is Feb. 9**, so there's still time to enter events. We encourage you to come have fun in Kamloops, to participate in this global championships, and to show the world what kind of hosts that athletes from British Columbia can be!

For more information about the World Masters Championships, including how to register, please visit:
www.kamloops2010masters.com.